

BAR

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Whether you are taking a break after a swim or recharging after achieving your fitness goals at Fitness Centre, Bar is the best spot for nutritious light meals, healthy and refreshing smoothies and frozen alcoholic beverages. Soak up the comfort of the leisurely atmosphere, rejuvenate and unwind in the bustling city.

不論是在游泳池中暢泳後稍作休息，或是於健身中心達成健體目標後補充精力，酒吧特意準備營養豐富的輕食餐點、健康清新的冰沙和冰涼透心的啤酒及佳釀。在繁囂鬧市中締造閒逸悠然的氛圍，讓您放鬆身心。

GRAB & GO 輕怡外賣

Salad 沙律

Classic Caesar Salad 傳統凱撒沙律	58
 Roasted Pumpkin, Carrot, Quinoa Salad 燒南瓜甘筍藜麥沙律	58

Sandwich 三文治

Smoked Salmon, Cream Cheese, Sesame Bagel 煙三文魚、忌廉芝士、芝麻貝果	98
Cooked Gammon Ham, Gruyère, Wheat Bread Sandwich 金門火腿、瑞士芝士、全麥麵包三文治	78
Reuben Sandwich 魯賓三文治 Pastrami Beef, Sauerkraut, Cheese Pocket Wrap 煙燻牛胸、酸椰菜、芝士包	78

Dessert 甜品

 Fresh Fruit Salad 鮮果沙律	58
Banana Cake 香蕉蛋糕	48
Blueberry Muffin 藍莓鬆餅	48
Carrot Cake 甘筍蛋糕	48

If you have any special dietary requirement or food-related allergies, please inform your server upon placing your order
如有任何特別要求、食物過敏或食物不耐症，請於點菜時通知餐廳款待員 All
prices are in HKD and include a 10% service charge for takeaway orders以上
價目以港幣計算，外賣免收加一服務費

À LA CARTE 單點菜式

Fish & Chips, Coleslaw Salad, Tartar Sauce 188
炸魚薯條、椰菜沙律、他他醬

Wagyu Beef Burger 和牛漢堡 188
Served with Garden Salad, French Fries 田園沙律、薯條
Add Cheese 加芝士 30
Add Sautéed Mushroom 加炒雜菌 30
Add Bacon 加煙肉 30

 Club Sandwich 廚師三文治 168
Brioche, Grilled Chicken Breast, Tomato, Cucumber, Fried Egg, Crispy Bacon, Lettuce, Cheddar Cheese Served with Garden Salad, French Fries
法式牛油包、烤雞胸、番茄、青瓜、煎蛋、脆煙肉、生菜、車打芝士
田園沙律、薯條

 Vegetarian Sandwich 素菜廚師三文治 138
Brioche, Tomato, Cucumber, Sautéed Mushroom, Lettuce, Roasted Bell Pepper, Cheddar Cheese, served with Garden Salad, French Fries
法式牛油包、番茄、青瓜、炒雜菌、生菜、燒燈籠椒、車打芝士田園沙律、薯條

 Buffalo Chicken Wing 香辣水牛城雞翼 (6 pieces 件) 118
Deep-fried Calamari Ring, Tartar Sauce 脆炸魷魚圈、他他醬 118

 Vegetable Samosa, Mint Sauce 雜菜咖喱角、薄荷醬 (6 pieces 件) 108
Nachos, Tomato Salsa, Sour Cream 玉米片、番茄莎莎、酸忌廉 98

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 Chef's Recommendation 主廚推介  Contains Pork 含有豬肉  Vegetarian 素食  Spicy 香辣

BEVERAGE 飲品

Coffee 咖啡

Decaffeinated Coffee is available as an alternative option 另設無咖啡因咖啡選擇

Espresso 特濃咖啡	32
Double Espresso 雙倍特濃咖啡	42
Freshly Brewed Coffee 即磨咖啡	42
Americano 美式咖啡	42
Cappuccino 泡沫咖啡	42
Latte 鮮奶咖啡	42
Mocha 朱古力咖啡	42
Hot Chocolate 熱朱古力	42
Iced Coffee 凍咖啡	42
Iced Cappuccino 凍泡沫咖啡	42
Iced Latte 凍鮮奶咖啡	42
Iced Mocha 凍朱古力咖啡	42
Iced Chocolate 凍朱古力	42
Iced Tea 凍茶	42

Tea 茶

Camomile 洋甘菊茶	32
Darjeeling 大吉嶺	32
Earl Grey 伯爵茶	32
English Breakfast 英式早餐茶	32
Green Tea 綠茶	32
Jasmine 茉莉花	32
Peppermint 薄荷茶	32
Pu-erh 普洱	32

Smoothie 鮮果冰沙

Apple & Mango 蘋果芒果沙冰	68
Peach & Passion Fruit 蜜桃熱情果沙冰	68

Milk Shake 奶昔

Banana 香蕉奶昔	58
Chocolate 朱古力奶昔	58
Coconut 椰子奶昔	58
Strawberry 士多啤梨奶昔	58

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BEVERAGE 飲品

Bottled Beer 瓶裝啤酒	Bottle 瓶裝	
Asahi 朝日		78
Hoegaarden 豪格登		78
San Miguel Pale Pilsen (The Philippines) 生力 (菲律賓)		78
Tsingtao 青島		78
Warsteiner (Non-alcoholic) 沃斯坦 (無酒精啤酒)		78

Sparkling Wine 氣泡酒	Glass 杯裝	Bottle 瓶裝
Col de' Salici, Prosecco di Valdobbiadene, Extra Dry, Veneto, Italy	90	400

Premium Selected Wine 精選紅酒 / 白酒	Glass 杯裝	Bottle 瓶裝
Agricola Querciabella, Chianti Classico, Tuscany, Italy	125	550
Feudo Arancio, Chardonnay Sicilia, Sicily, Italy	90	400

White Wine 白酒	Bottle 瓶裝	
Weingut Robert Weil, Skyblue Riesling Tradition, Rheingau, Germany		400

Red Wine 紅酒	Bottle 瓶裝	
Château Magnan la Gaffelière, Saint-Émilion Grand Cru, Bordeaux, France		600

Classic Cocktail 經典雞尾酒		
Dry Martini		128
Mojito		118
Tequila Sunrise		118
Sex On The Beach		118
Piña Colada		118
Daiquiri		98
Margarita		98
Gin Tonic		88

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